

# Wellness Hotels



The hotels in the Wellness category are facilities which, apart from accommodation, also offer their guests a possibility (often free of charge) to use the space designated to mind and body relaxation. The hotels listed below interpret the idea of wellness in various ways. Depending on the facility, on offer there are pools, jacuzzi, saunas, but also massage and cosmetic services or fitness studios.



## Sheraton Poznań Hotel\*\*\*\*\*

This 5\* hotel is located in the very center of Poznań, opposite Poznań International Fair, and only 700 meters away from Poznań Główny train station, as well as only 15 minutes by car from Poznań airport.

**Wellness:** a counter-current pool (7x4m2, depth 1.25m), 2 saunas, a fitness studio. [More...](#)

Address: ul. Bukowska 3/9, 60-809 Poznań

Website: [www.sheraton.pl/poznan](http://www.sheraton.pl/poznan)

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## Hotel HOT\_elarnia\*\*\*\* & Day SPA SPA\_larnia

HOT\_elarnia is a four-star boutique hotel, situated just outside of Poznań, in the direct vicinity of Wielkopolski National Park.

**Wellness:** a counter-current pool, a sauna, a steam room, a jacuzzi, massage and cosmetic parlors.

[More...](#)

Address: ul. Morenowa 33, Puszczykowo

Website: [www.hotelarnia.pl](http://www.hotelarnia.pl)

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### City Park Hotel & Residence\*\*\*\*\*

City Park Hotel & Residence ambitiously tries to fulfil all the needs of its guests - with a Whisky Bar, a Mediterranean restaurant, Wellness Zone, a Wine Bar as well as a shopping center.

**Wellness:** a 12/5m pool, a Finnish sauna, an infrared sauna, a Turkish bath, a water cascade jacuzzi, an ice grotto, a tanning bed, a cardio studio. [More...](#)

Address: ul. Wyspiańskiego 26a, Poznań

Website: [www.cityparkhotel.pl](http://www.cityparkhotel.pl)

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### Hotel IBB Andersia\*\*\*\*

This facility is a member of the Ibb Hotel Collection chain, who owns hotels in Poland, Germany and Spain. Andersia is located in the heart of Poznań, opposite Stary Browar shopping center and a mere 10 minute walk from Poznań International Fair area.

**Wellness:** a pool with a jacuzzi, a Finnish sauna, a steam room, massage and cosmetic parlors, a gym. [More...](#)

Adres: Plac Andersa 3, 61-894 Poznań  
Strona internetowa: [www.andersiahotel.pl](http://www.andersiahotel.pl)

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### **Regatta Hotel & Spa\*\*\*\***

Regatta Hotel\_Restauracja\_Spa is a hotel with a location outside of Poznań, in Kiekrz. Although it is not directly at the lakeside, the lake view is still impressive.

**Wellness:** a counter-current pool, a whirlpool, a sauna, a fitness studio, massage and cosmetic parlors. [More...](#)

Address: Chojnicka 49, Poznań

Website: [www.regattahotel.pl](http://www.regattahotel.pl)

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### **Grand Royal Hotel\*\*\*\***

Hotel Twardowski is situated nearby the center of Poznań, a mere 1 km from A2 motorway, and 6 km from Poznań International Fair and Poznań Główny train station.

**Wellness:** a pool with a jacuzzi, a sauna, a massage parlor, a fitness center and sunbeds. [More...](#)

Address: ul. Głogowska 358a, 60-004 Poznań

Website: [www.grandroyalhotel.pl](http://www.grandroyalhotel.pl)