



# **World of saunas - Termy Maltańskie**

The World of Saunas is an exceptional place which allows total relaxation. In 14 rooms, everyone will find something interesting. We offer dry saunas, steam saunas, aromatherapy saunas and unique outdoor saunas. Our qualified staff provide steam sessions which allow to relax in a comfortable environment. A VIP zone is also available with a dry sauna and a steam bath. This totally separate place has its own shower room, deckchairs and bar. It is the most private room of the zone.

The zone is not only saunas. Sauna bathers can also use a graduation tower which helps in prevention and treatment of the respiratory tract infections. There is also a snow room in the zone. It improves blood circulation, which additionally affects lungs and the respiratory tract. After using a sauna, you can relax in a tepidarium where you will find water beds and heated stone deckchairs.